



## It's a world gone shad

It's one of the quirks of nature — salt-water shad swimming into the sweet water of the Hudson to spawn. This harbinger of spring hails the blooming of pinkish-white flowering trees called, not coincidentally, shad trees. And anglers along the Hudson and Delaware pounce.

Shad, part of the herring family, weigh up to 15 pounds, are silvery with thick white flesh. Their pinkish-red roe is a great delicacy. This month, shad-fests along the Hudson feature shad fillets nailed onto cherry and white oak planks and roasted over coals. Shad is also pickled, smoked and baked.

At the **Grand Central Oyster Bar**, shad dishes include broiled Hudson River shad fillet, shad roe with tomato and bacon, and a shad roe/shad fillet combo. Preparations use pesto crust, a mustard sauce, roasted garlic sauce and mustard vinaigrette. Smoked shad fillet comes

with German potato salad and a honey-mustard vinaigrette. Prices are \$23.95 and up (212-490-6650).

The **Blue Hill** restaurant tosses shad roe into pastas and vegetable dishes. It's also used in their tasting menu, a \$68 five-course affair (212-539-1776).

The **Minnow** in Park Slope has shad on the menu until the end of May. It is pan-seared and served with a malt vinegar and Pancetta. For brunch, shad is offered with bacon and scrambled eggs with sautéed onions peppers, jalapeños and ginger. Dishes range from \$15 to \$20; \$10 for shad appetizers. (718-832-5500).

**Per Se** serves shad roe as a canapé, so it is not on the menu. They use golden shad roe, from the Connecticut River, seasoned with Maldon sea salt and served with fresh Vermont butter, bonito flakes and Persian Lime Salt (212-823-9335).

Abby Lub

## COOK'S CALENDAR



THOMAS MONASTER DAILY NEWS

### TRIBECA TASTINGS

Sample the fare at local restaurants, sip wine and sangria (r.) from area merchants, and enjoy live entertainment hosted by Tribeca Radio on Saturday from 11:30 a.m. to 3 p.m. on Duane St. (between Greenwich and Hudson Sts.). At the 12th annual Taste of Tribeca, dishes from 59 restaurants such as Chanterelle, Bouley, Nobu and Landmarc will be available. You can get a \$45 tasting card (\$40 if you buy it in advance) that is good for six tastings. There will also be a Kids' Zone featuring

face-painting, a crafts table and an hourly scavenger hunt. To buy tickets in advance, visit [www.tasteoftribeca.org](http://www.tasteoftribeca.org), or visit A.L. Bazzini and Co. (339 Greenwich St. at Jay St.), where ticket sales will be held each day from noon to 2 p.m. and from 5 to 7 p.m.

### WARMS THE HEART

Brighten your kitchen with some pretty pink utensils and fight breast cancer at the same time. Through the end of May, Pampered Chef will donate \$1 to the American Cancer Society every time it sells one of the three products that are available as part of the Help Whip Cancer campaign. The pink bar board and knife is \$8.50, the ribbon decorating stencils cost \$5, and a set of two Help Whip Clips is \$5. To find a Pampered Chef consultant in your area, call 1-800-266-5562 or order online at [www.pamperedchef.com](http://www.pamperedchef.com).

### FLAVOR OF NAVARRA

Celebrate the food and wines of Navarra (in northern Spain) now through Saturday at the festival "The Kingdom of Navarra, Spain Visits New York." The 14 restaurants that will participate are Alcala, Artisanal, Bolo, Casa Mono, Hearth, Olives, Pintxos, Sala One Nine, Solera, Suba, Tia Pol, Toledo, Urena and wd-50, and they'll be preparing such dishes such as trout made with Serrano ham, roast suckling pig, meat-stuffed piquillo peppers and sautéed artichokes.

Rosemary Black

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**TO ENTER** by mail, print your name, full address, home and work telephone numbers, email address (if any), and date of birth on a 3"x5" card and mail it in a hand-addressed, business-size (#10) envelope with first-class postage affixed to: "Over the Hedge" Sweepstakes, Paramount Pictures Corp., 1515 Broadway, 3rd Floor New York, New York 10036.

**Official Sweepstakes Rules. NO PURCHASE NECESSARY.** "Over the Hedge" Sweepstakes is sponsored by Paramount Pictures Corp. ("Sponsor"), 5555 Melrose Avenue, Los Angeles, California 90038. By participating in the Sweepstakes, each entrant unconditionally accepts and agrees to comply with and abide by these Official Rules and the decisions of Sponsor, which shall be final and binding in all respects. Entries must be postmarked by May 18, 2006 and all entries must be received no later than May 25, 2006 ("Entry Period"). The Sweepstakes is open to legal US residents who are 18 years or older. Employees, directors, officers, representatives, agents and immediate family members of Sponsor, Dreamworks Animation LLC, Dreamworks LLC, Daily News, L.P., and other participating partners are not eligible to participate to win. At the end of the Entry Period, a random drawing will be conducted to select one grand prize winner. Grand prize includes: (i) one (1) HP Pavilion dv8000z Notebook computer, with an approximate retail value ("ARV") of \$1,301.97; (ii) coach class round trip transportation for up to two (2) adults and up to two (2) children under the age of sixteen (16) from the major US gateway city airport closest to winner's home to any Beaches Resort Island Location in either Jamaica or Turks and Caicos, and a three (3) night stay at the applicable Beaches Resort Island Location, with an ARV of \$5,900; and (iii) a \$500 Savings Bond, with an ARV of \$500. Total approximate retail value of grand prize is \$7,701.97. Actual value of the trip will vary based on point of departure. Ground transportation to the airport from winner's house and back again will not be provided as part of the overall travel package. Odds of winning depend on the number of eligible entries received. Winner will be notified by mail on or about June 2, 2006. All taxes and all other expenses not listed herein are the responsibility of winner. Trip and travel insurance is not included. Travel arrangements must be made through Sponsor. All travel must be completed by May 22, 2007. Blackout dates may apply on air and hotel travel. Prize is subject to the applicable airline schedule and Beaches Resort room availability. Prize winner and his/her guest are responsible for any activities not included in the Grand Prize package including transportation, local, long distance or international telephone calls, optional sightseeing excursions, fiscal and massage services, laundry service, merchandise, souvenirs, incidental expenses, travel insurance or any other costs and expenses not mentioned herein. A processing fee of \$25.00 per room, per night will apply to the Beaches Prize Certificate, and will be the responsibility of the winner. Reservations may not be made until 30 days prior to travel. All aspects of the grand prize not specified herein will be determined by Sponsor in its sole discretion. If winner is a minor, prize will be awarded in the name of winner's parent or legal guardian. No one under the age of 18 will be permitted to travel unless accompanied by a parent or legal guardian. No cash or prize substitution is allowed except by Sponsor, who reserves the right to substitute a prize of equal or greater value in the event of unavailability. Winner and guests must be able to travel on same itinerary on dates selected by Sponsor or prize will be forfeited in its entirety. Prize is not transferable. TO ENTER by mail, print your name, full address, home and work telephone numbers, email address (if any), and date of birth on a 3"x5" card and mail it in a hand-addressed, business-size (#10) envelope with first-class postage affixed to: "Over the Hedge" Sweepstakes, Paramount Pictures Corp., 1515 Broadway, 3rd Floor New York, New York 10036. Limit one entry per person and limit one entry per outer mailing envelope. In the event of multiple entries, only the first entry will be accepted. All entries must be received by May 25, 2006 to participate. All federal, state and local laws and regulations apply. Void where prohibited. Sponsor is not responsible for technical loss, late, misdirected, damaged, or incomplete entries. Sponsor may disqualify anyone who is found to be tampering with the entry process or the operation of the Sweepstakes. By accepting a prize, each winner releases and holds Sponsor, Dreamworks Animation LLC, Dreamworks LLC, Daily News, L.P., and each of their successors, assigns, parent, affiliated, and subsidiary companies and all of their respective directors, officers, employees, representatives, agents (collectively, the "Promotion Entities") harmless from and against all costs, injuries, losses or damages of any kind due in whole or in part to participation in the Sweepstakes, or arising out of participation in any Sweepstakes related activity, or the receipt, use or misuse of the prize. By accepting a prize, each winner grants the Promotion Entities the right to use winner's name, voice and/or likeness for advertising and trade purposes in any and all media without further compensation. Each winner (or, in the case of a minor, winner's parent or legal guardian) and travel companion will be required to sign and return an affidavit of eligibility/liability release and (where legal) a publicity release within fourteen days of notification or an alternate winner may be selected. For a legally required winners list available after June 8, 2006, send a SASE to "Over the Hedge" Sweepstakes c/o Paramount Pictures Corp., 1515 Broadway, 3rd Floor New York, New York 10036. © 2006 by Paramount Pictures Corporation. All Rights Reserved.

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